



Gibraltar Maritime Administration

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Shipping Information Notice – 129 Wellbeing at Sea Tool

To: Masters, Owners, Operators, Recognised Organisations, & Industry Associations,

1. Introduction

- 1.1. This Shipping Information Notice (SIN) serves to bring to the attention of stakeholders the United Kingdom Maritime & Coastguard Agency's [MIN 680 \(M\) Amendment 1](#), which centres on the subject of crew health and wellbeing within the maritime industry.
- 1.2. Within the narrative of [MIN 680 \(M\) Amendment 1](#) discussions by the MCA and maritime industry stakeholders on the topic of wellbeing at sea are outlined, within which the need for a low-cost tool to help organisations develop a better understanding seafarer wellbeing onboard was identified.
- 1.3. The 'Wellbeing at Sea Tool' is a digital survey that is completed by seafarers based on categorised questions, and which on completion provides personalised advice on how to improve wellbeing at sea. The anonymised data it collects is then sent to managers to help them identify priority areas for improvement and highlight best practice.
- 1.4. The categories of questions are:
 - i. General wellbeing
 - ii. Bullying
 - iii. Harassment & discrimination
 - iv. Diversity & inclusion
 - v. Physical health
 - vi. Tiredness & fatigue
 - vii. Organisational support.
- 1.5. The 'Wellbeing at Sea Tool' is aimed at allowing organisations to gain a baseline of organisational wellbeing and help prioritise interventions. The tool also provides guidance on measures which could be taken based on company results.
- 1.6. Furthermore, seafarers who complete the survey receive instant and tailored, pragmatic advice which steers them to services related to improving their wellbeing onboard, and which is considered is a cost-effective method to engage with seafarers and provide immediate advice and support.
- 1.7. [MIN 680 \(M\) Amendment 1](#) includes links for obtaining the developed 'Wellbeing at Sea Tool' as well as 'pocket guides'.

2. Application

- 2.1. The 'Wellbeing at Sea Tool' is non-mandatory, and where the Gibraltar Maritime Administration supports the voluntary use of the Wellbeing at Sea Tool by maritime industry stakeholders.

Steve Gomez - Chief Surveyor
For & on behalf of the Maritime Administrator

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